



# Physical Education at Yarlside Academy



## Vision



For children–

- To be inspired through a range of Physical Activity to reach potential
- To become physically confident, motivated
- To allow pupils to be physically confident
- To be aware of how PE supports health, wellbeing and fitness building a providing foundations for a healthy lifestyle
- To build character and learn values of fairness and respect through sporting clubs and wider activities
- To build confidence and competence in a range of activities



## Curriculum Approach

- Unit plans outline small steps progression.
- Overviews outline the fundamental movement skills taught across year groups
- Ensure that key concepts are fully grasped before moving on.
- Opportunities for developing fundamental movement skills are embedded throughout.
- Pupils use fundamental movement skills in isolations and combination



## Teaching & Learning Approach

- Warm-up activity at the beginning of each lesson to prepare body for movement
- Retrieval of prior learning withing the same unit
- Explicit teaching of the key vocabulary
- Lessons draw on the 3 pillars of PE
- Learning supported by modelling, picture and video resources
- Rules, strategies and tactics for new learning are explained including rules for health and safety
- Adaptive teaching to support and challenge children



## Assessment & Feedback

- Children are assessed through applying their skills to a competition or performance.
- Declarative and procedural knowledge evaluated throughout the lesson
- Staff to provide 'in the moment' feedback to address misconceptions and highlight strengths and areas for improvement
- Pupil interviews are carried out as part of the monitoring and evaluation process to assess retention of learning

