

	Autumn term		Spring term		Summer term	
EYFS	Personal Social and Emotional Development					
	Self-regulation- My feelings Colour monster	Building relationships – Special relationships	Manage self- Taking on a challenge	Self-regulation- Listening and following instructions	Building relationships- My family and friends	Managing self- My well being
	<p>Show more confidence in new social situations. Explore and understand their feelings, identify when they may be feeling something, and begin learning how to communicate and cope with their feelings and emotions.</p> <p>Identify feelings Identify and express feelings Explore coping strategies Describe feeling Explore facial expressions Create a calm corner</p>	<p>Explore why families and special people are valuable, understand why it is important to share and develop strategies, see themselves as valuable individual and explore diversity through thinking about similarities and differences.</p> <p>My family Special people Sharing I am unique My interests Explore diversity</p>	<p>Explain reasons for rules, know right from wrong and try to behave accordingly. Confident to try new activities and show independence, resilience and perseverance in the face of challenge.</p> <p>Why do we have rules? Build dens and understand patience Team den building Learn coping strategies (grounding) Team races and perseverance Circus skills and resilience</p>	<p>Learn why it is important to be an honest, thoughtful and resilient active listener who can respond to instructions and how they can become one.</p> <p>Play Simon says and listen Listen to a story Pass the whisper- careful listening Obstacle race to follow instructions Blindfold walk to develop trust Treasure hunt to respond correctly</p>	<p>Learn how we all have different beliefs and celebrations, what characteristics make a good friend, and how we need to listen to one another.</p> <p>Celebrate festivals Understand why sharing is important What makes a good friend? Being a good friend Importance of teamwork Celebrate friendship</p>	<p>Learn how to look after their wellbeing through exercise, meditation, a balanced diet and care for themselves.</p> <p>What is exercise? Develop yoga and meditation Look after ourselves Being a safe pedestrian Eat healthy Importance of a healthy diet</p>
Year 1	Family and Relationships	Health and Wellbeing	Safety and the changing body		Citizenship	Economic wellbeing
	<p>Set ground rules Knowing what a family is Friendships Friendship problems Healthy friendships Gender stereotypes</p>	<p>Understand emotions Ready for bed Handwashing & hygiene Sun safety Allergies</p>	<p>Adults in school Adults outside school Make an emergency phone call Appropriate contact Safety with substances</p>		<p>Rules Everyone is unique</p>	<p>Introduction to money Saving and spending Jobs in school and out of school</p>
Year 1 Curriculum links	<p>Reading Comprehension: Starting School (Aut 1) Pam's Birthday (Aut 1) Missing bag match up (Aut 2) In the park (Aut 2)</p>	<p>RE: Buddhism (Sum 2)</p>	<p>Computing: Online safety (Sum 2)</p>		<p>Computing: Online safety (Sum1)</p>	<p>Maths: Money (Sum1)</p>
Year 2	Family and relationships	Health and wellbeing	Safety and the changing body		Citizenship	Economic wellbeing
	<p>Set ground rules Families are all different Unhappy friendships Manners and courtesy Change and loss Gender stereotypes in jobs</p>	<p>Different emotions Develop a growth mindset Healthy diet Look after our teeth</p>	<p>Communicate online Secrets and surprises Appropriate contact: My private parts are private Staying safe with medicine</p>		<p>Rules beyond school Local community Giving my opinion</p>	<p>Wants and needs Looking after money Identify own skills and talents Know how to make others feel included</p>

Year 2 Curriculum links	Writing: Traditional Tale (Aut 1) PE: Dance (Aut 2)	Science: Animals including humans (Aut 2) Art: Drawing (Aut 1); Painting (Aut 2) DT: Food – A balanced diet (Aut 1); Textiles – Pouches (Sum) RE – Christianity – Easter – Resurrection (Spr)	Science: Animals including humans (Aut 2) Computing: Online Safety (Aut 2, Spr 1)	RE: Islam – Community & Belonging (Sum) PE: Attack, defend, shoot (Sum 2) Computing: Computer Systems & Networks – IT Around Us (Aut 1)	Maths: Money	
Year 3	Family and relationships	Health and wellbeing	Safety and the changing body		Citizenship	Economic wellbeing
	Set ground rules Healthy families Friendship conflicts Conflict vs bullying Learning who to trust Respecting differences Stereotyping gender Stereotyping age	My healthy diary Understand different aspects of own identity Resilience Diet and dental health	First Aid: emergencies and calling for help Cyberbullying Know who and what influences our decisions Keeping safe out and about		Rights of the child Learn about charities Local democracy	Budgeting Examine a wide range of jobs and opportunities
Year 3 Curriculum links	Maths: Place Value (Aut 1) English Writing: Sentence/SPaG Online Safety	Science: Animals Including Humans (Aut 1) DT: Cooking & Nutrition (Sum 1)	First Aid Training: Daisy First Aid (Spr 1)		British Values & Protected Characteristics	Maths: Money (Sum 1)
Year 4	Family and relationships	Health and wellbeing	Safety and the changing body		Citizenship	Economic wellbeing
	Set ground rules Respect and manners Healthy friendships Bullying Stereotypes: Disability Change and loss	Look after our teeth Celebrate mistakes Identify own strengths My happiness Emotions Mental health	Internet safety: Age restrictions Risks of sharing information online Privacy and security Introduce puberty Tobacco		Human rights Diverse communities	Navigating feelings about money Imagining financial future Career routes
Year 4 Curriculum links	RE: Christianity: Prayer & Worship (Aut)	RE: Christianity: Easter (Spr)	Computing: Online Safety		RE: Christianity – Prayer & Worship (Spr) History: All units	Maths: Money (Sum 1) DT: Cooking & Nutrition (Spr 1)
Year 5	Safety and the changing body		Citizenship	Health and wellbeing	Family and relationships	Economic wellbeing
	Online friendships Staying safe online Puberty Menstruation First Aid: Bleeding Alcohol, drugs and tobacco: Making decisions		Breaking the law Rights and responsibilities Parliament	Importance of rest Embracing failure Responsibility for feelings Healthy meals Sun safety	Set ground rules Friendship skills Marriage Respect myself Family life Bullying Stereotype - gender Stereotype: race & religion	Risks handling money online Why challenge workplace stereotypes?

Year 5 Curriculum links	<p>Reading Comprehension: Group Chat (Aut 2)</p> <p>Science: Animals including Humans (Sum 1)</p> <p>Computing: Online Safety (Aut and Spr)</p>	<p>Writing: Newspaper report about a crime (Spr 1)</p> <p>History: Ancient Greece (Spr)</p>	<p>Reading Comprehension: You are what you eat Outlaw Sunbeds (Spr 2)</p> <p>Writing: Instructions for Spag Bol (Aut 2)</p> <p>DT: Healthy eating: Spaghetti Bolognese (Aut 2)</p> <p>Computing: Online Safety (Sum 1)</p>	<p>Reading Comprehension: Being Popular The Dare The Boy at the Back of the Class (Sum 1)</p> <p>R.E: Christianity (Aut 1 and Spr 2)</p> <p>R.E: Hinduism (Sum)</p> <p>Computing: Online Safety (Spr 2)</p>	
Year 6	Safety and the changing body	Family and relationships	Health and wellbeing	Citizenship	Economic wellbeing
	<p>Alcohol</p> <p>Social media</p> <p>Physical and emotional changes of puberty</p> <p>Conception</p> <p>First Aid: Basic life support</p>	<p>Set ground rules</p> <p>Respect</p> <p>Respectful relationships</p> <p>Challenging stereotypes</p> <p>Resolving conflict</p> <p>Change and loss</p>	<p>Taking responsibility for own health</p> <p>Impact of technology on health</p> <p>Resilience toolkit</p> <p>Immunisation</p> <p>Physical health concerns</p>	<p>Human rights</p> <p>Prejudice & discrimination</p> <p>National democracy</p>	<p>Career routes</p>
					Identity
Year 6 Curriculum links	<p>Science: Animals Including Humans - Drugs, Exercise & Lifestyle (Aut 1)</p>	<p>PE: Rounders</p>	<p>Science: Animals Inc Humans – Healthy Lifestyles (Aut 1)</p>	<p>Reading Comprehension: The Loner (Sum 2) The New Boy (Sum 2)</p> <p>History: The Windrush Generation – Community & Democracy (Sum)</p>	<p>Visit: Furness Academy Transition Visit (change, relationships, resilience)</p> <p>Visit: Junior Citizen Visit (Citizenship) (Sum 2)</p>

Family & Relationships

Learning how to: form respectful relationships with others, deal with conflict and bullying, and the importance of challenging stereotypes.

Health & Wellbeing

Learning strategies for looking after their mental and physical health, including: healthy eating, relaxation techniques, sun safety, immunisation facts and the benefits of sleep.

Safety & the Changing Body

Learning how to administer first aid in a variety of situations, safety around medicines, online safety, road safety and the changes that occur during puberty.

Citizenship

Learning about: human rights and the rights of the child, democracy, diversity and community and protecting the environment.

Economic Wellbeing

Learning how to make decisions when it comes to spending, budgeting and saving money and exploring different career choices.

Identity

Considering what makes us who we are whilst learning about gender and sexual identity and body image.